



# coupletalk<sup>®</sup>

cracking the code  
to an amazing relationship



Video Workshop



Great Teaching



Stronger Relationship



Resolved Conflict

## Learn the Skills to...

### Part 1: Have a Deeper Connection

- Communicate Effectively
- Understand Your Mate
- Respect Each Other More
- Grow Closer

### Part 2: Handle Conflict

- Resolve Differences
- Manage Strong Emotions
- Find Solutions That Work
- Apologize and Forgive

Learn communication skills you can't love without!